Stanley H. King Counseling Institute
Recommended Reading (revised 5/10/14)

Over the years, we have compiled a collection of resources related to the work of the Institute. Many of these titles have been suggested by past Institute participants. Included also are some “classic” sources that people continue to cite as influential works. Please let us know if there are resources that you have found useful in your life and work, and we will add to the list.

Broad categories include:

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Apter, Terri E. MYTH OF MATURITY: WHAT TEENAGERS NEED FROM PARENTS TO BECOME ADULTS. 2002


Brown, Lyn Mikel. GIRLFIGHTING: BETRAYAL AND REJECTION AMONG GIRLS. 2005


Clydesdale, Tim. THE FIRST YEAR OUT: UNDERSTANDING AMERICAN TEENS AFTER HIGH SCHOOL. 2007

Crosier, Louis, Ed. CASUALTIES OF PRIVILEGE: ESSAYS ON PREP SCHOOLS’ HIDDEN CULTURE. 1991

Deak, JoAnn and Barker, Teresa. GIRLS WILL BE GIRLS: RAISING CONFIDENT AND COURAGEOUS DAUGHTERS. 2003

Deak, JoAnn. HOW GIRLS THRIVE: AN ESSENTIAL GUIDE FOR EDUCATORS (AND PARENTS). 2010

Dweck, Carol. MINDSET: THE NEW PSYCHOLOGY OF SUCCESS. 2007

Elkind, David. HURRIED CHILD: GROWING UP TOO FAST TOO SOON. 2006

Goldberg, Donna. THE ORGANIZED STUDENT: TEACHING CHILDREN THE SKILLS FOR SUCCESS IN SCHOOL AND BEYOND. 2005

Goleman, Daniel. EMOTIONAL INTELLIGENCE. 2006

Honoré, Carl. THE SLOW FIX: SOLVE PROBLEMS, WORK SMARTER, AND LIVE BETTER IN A WORLD ADDICTED TO SPEED. 2013

Kalter, Neil. GROWING UP WITH DIVORCE: HELPING YOUR CHILD AVOID IMMEDIATE AND LATER EMOTIONAL PROBLEMS. 2005

Kastner, Laura and J. Wyatt. LAUNCHING YEARS: STRATEGIES FOR PARENTING FROM SENIOR YEAR TO COLLEGE LIFE. 2002

Kilbourne, Jean. STILL KILLING US SOFTLY (video). Media images that denigrate women.


Kindlon, Dan J. TOO MUCH OF A GOOD THING: RAISING CHILDREN OF CHARACTER IN AN INDULGENT AGE. 2003

Lawrence-Lightfoot, Sara. THE ESSENTIAL CONVERSATION: WHAT PARENTS AND TEACHERS CAN LEARN FROM EACH OTHER. 2004

Levenkron, Steven. ANATOMY OF ANOREXIA. 2000

Levenkron, Steven. CUTTING: UNDERSTANDING & OVERCOMING SELF-MUTILATION. 1998

Levin, Diane E. and Jean Kilbourne. SO SEXY SO SOON: THE NEW SEXUALIZED CHILDHOOD. 2009

Levine, Madeline. THE PRICE OF PRIVILEGE. 2006

Levine, Mel. A MIND AT A TIME: AMERICA'S TOP LEARNING EXPERT SHOWS HOW EVERY CHILD CAN SUCCEED. 2003


Marone, Nicky. HOW TO FATHER A SUCCESSFUL DAUGHTER. 1998

Mogel, Wendy. THE BLESSING OF A B MINUS: USING JEWISH TEACHINGS TO RAISE RESILIENT TEENAGERS. 2010

Mogel, Wendy. THE BLESSING OF A SKINNED KNEE: USING JEWISH TEACHINGS TO RAISE SELF-RELIANT CHILDREN. 2001

Munter, Preston K. (ed.). COUNSELING STUDENTS: LESSONS FROM NORTHFIELD, ECHOES FROM FOUNTAIN VALLEY. 1988

Osherson, Sam. FINDING OUR FATHERS. 2002
<table>
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<th>Author</th>
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<tr>
<td>Perlstein, L.</td>
<td>MOT MUCH, JUST CHILLIN’: THE HIDDEN LIVES OF MIDDLE SCHOOLERS.</td>
<td>2003</td>
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<td>Pipher, Mary.</td>
<td>REVIVING OPHelia: SAVING THE SELVES OF ADOLESCENT GIRLS.</td>
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<td>Pollack, William.</td>
<td>REAL BOYS: RESCUING OUR SONS FROM THE MYTHS OF BOYHOOD.</td>
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<td>Powers, William.</td>
<td>HAMLET’S BLACKBERRY: A PRACTICAL PHILOSOPHY FOR BUILDING A GOOD LIFE IN THE DIGITAL AGE.</td>
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<td>Riera, Michael.</td>
<td>RIGHT FROM WRONG: INSTILLING A SENSE OF INTEGRITY IN YOUR CHILD.</td>
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<td>Riera, Michael.</td>
<td>STAYING CONNECTED TO YOUR TEENAGERS: HOW TO KEEP THEM TALKING TO YOU AND HOW TO HEAR WHAT THEY’RE SAYING.</td>
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<td>Roberts, Walter B.</td>
<td>BULLYING FROM BOTH SIDES: STRATEGIC INTERVENTIONS FOR WORKING WITH BULLIES AND VICTIMS.</td>
<td>2005</td>
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<td>Robinson, Ken.</td>
<td>OUT OF OUR MINDS: LEARNING TO BE CREATIVE.</td>
<td>2011</td>
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<td>Roffman, Deborah.</td>
<td>SEX AND SENSIBILITY: THE THINKING PARENT’S GUIDE TO TALKING SENSE ABOUT SEX.</td>
<td>2001</td>
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<td>Sadker, David &amp; Myra.</td>
<td>FAILING AT FAIRNESS: HOW AMERICA’S SCHOOLS CHEAT GIRLS.</td>
<td>1995</td>
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<td>Schwebel, Robert.</td>
<td>SAYING NO IS NOT ENOUGH: HELPING YOUR KIDS MAKE WISE DECISIONS ABOUT ALCOHOL, TOBACCO, AND OTHER DRUGS.</td>
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<td>Selekman, Matthew D.</td>
<td>WORKING WITH SELF-HARMING ADOLESCENTS.</td>
<td>2006</td>
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<td>Shandler, Sara.</td>
<td>OPHELIA SPEAKS: ADOLESCENT GIRLS WRITE ABOUT THEIR SEARCH FOR SELF.</td>
<td>1999</td>
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<td>Siegel, Michele. and J. Brisman.</td>
<td>SURVIVING AN EATING DISORDER: NEW PERSPECTIVES AND STRATEGIES FOR FAMILIES AND FRIENDS.</td>
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<td>Simmons, Rachel.</td>
<td>ODD GIRL OUT: THE HIDDEN CULTURE OF AGGRESSION IN GIRLS.</td>
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<td>Thompson, Michael, Ph.D., L. Cohen, and C.O. Grace.</td>
<td>BEST FRIENDS, WORST ENEMIES: UNDERSTANDING THE SOCIAL LIFE OF CHILDREN.</td>
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<td>Turkle, Sherry.</td>
<td>ALONE TOGETHER: WHY WE EXPECT MORE FROM TECHNOLOGY AND LESS FROM EACH OTHER.</td>
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<td>Wallin, David J.</td>
<td>ATTACHMENT IN PSYCHOTHERAPY.</td>
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<td>Wiseman, Rosalind.</td>
<td>QUEEN BEES &amp; WANNABES: HELPING YOUR DAUGHTER SURVIVE CLIQUES, GOSSIP, BOYFRIENDS, &amp; OTHER REALITIES OF ADOLESCENCE.</td>
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<td>Wolf, Anthony E.</td>
<td>GET OUT OF MY LIFE BUT FIRST COULD YOU DRIVE ME &amp; CHERYL TO THE MALL: A PARENT’S GUIDE TO THE NEW TEENAGER.</td>
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<td>Wood, Chip.</td>
<td>YARDSTICKS: CHILDREN IN THE CLASSROOM, AGES 4-14 – A RESOURCE FOR PARENTS AND TEACHERS.</td>
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SEXUAL ORIENTATION/IDENTITY

CALL GLSEN – Gay, Lesbian, and Straight Educators Network – (212-727-0135) to receive a copy of “The Book Store” Catalogue. Also visit www.glsen.org for extensive resources (articles, information on local chapters, networking, events, starting gay/straight alliances, etc.).

www.leewind.org: Online resource for gay teens.

Clark, Don H., LOVING SOMEONE GAY. 2009

Clausen, Jan and M.B. Duberman, Eds. BEYOND GAY OR STRAIGHT: UNDERSTANDING SEXUAL ORIENTATION. 1996


Fairchild, Betty and N. Hayward. NOW THAT YOU KNOW: A PARENT’S GUIDE TO UNDERSTANDING THEIR GAY AND LESBIAN CHILDREN. 1998

Garner, Abigail. FAMILIES LIKE MINE: CHILDREN OF GAY PARENTS TELL IT LIKE IT IS. 2005

Harris, Mary B., ed. SCHOOL EXPERIENCES OF GAY AND LESBIAN YOUTH: THE INVISIBLE MINORITY. 1998

Lipkin, Arthur, BEYOND DIVERSITY DAY: A Q AND A ON GAY AND LESBIAN ISSUES IN SCHOOLS. 2003

Lipkin, Arthur. UNDERSTANDING HOMOSEXUALITY; CHANGING SCHOOLS. 2001

Woog, Dan. SCHOOL’S OUT: THE IMPACT OF GAY AND LESBIAN ISSUES ON AMERICA’S SCHOOLS. 2000

RACIAL/CROSS-CULTURAL/ETHNIC EDUCATION

Ahktar, S. IMMIGRATION AND IDENTITY: TURMOIL, TREATMENT, AND TRANSFORMATION. 1999

Anson, Robert Sam. BEST INTENTIONS: THE EDUCATION AND KILLING OF EDMUND PERRY. 1988

Banks, James A. & C. A. Banks (ed.). MULTICULTURAL EDUCATION: ISSUES AND PERSPECTIVES. 2009

Banks, James A. TEACHING STRATEGIES FOR ETHNIC STUDIES, 8th ed. 2008

Cary, Lorene. BLACK ICE. 1992


THE COLOR OF FEAR – film directed by Lee Mun Wah; conversations between men of various races about their experiences of racism and the transformative power of understanding someone else’s reality.
Delpit, Lisa D. and H. Kohl. OTHER PEOPLE’S CHILDREN: CULTURAL CONFLICT IN THE CLASSROOM. 2006

Delpit, Lisa, J.K. Dowdy, ed. THE SKIN THAT WE SPEAK: THOUGHTS ON LANGUAGE AND CULTURE IN THE CLASSROOM. 2008

Freire, Paulo, D. Macedo (translator). TEACHERS AS CULTURAL WORKERS: LETTERS TO THOSE WHO DARE TEACH. 2005

Gay, Geneva and J.A. Banks. CULTURALLY RESPONSIVE TEACHING: THEORY, RESEARCH, AND PRACTICE. 2010

hooks, bell. TEACHING TO TRANSGRESS: EDUCATION AS THE PRACTICE OF FREEDOM. 1994

Howard, Gary, J. Banks, S. Nieto. WE CAN’T TEACH WHAT WE DON’T KNOW: WHITE TEACHERS, MULTIRACIAL SCHOOLS. 2006

Kinichaleo, Joe L. (Ed.) WHITE REIGN: DEPLOYING WHITENESS IN AMERICA. 2000

Kozol, Jonathan. SAVAGE INEQUALITIES: CHILDREN IN AMERICA’S SCHOOLS. 1992

Ladson-Billings, Gloria. DREAMKEEPERS: SUCCESSFUL TEACHERS OF AFRICAN-AMERICAN CHILDREN. 2009

Landman, Julie. A WHITE TEACHER TALKS ABOUT RACE. 2009

Lee, Andre Robert. THE PREP SCHOOL NEGRO. Documentary film of Lee’s experience of being a student in an independent school. Offers an accompanying program for faculty and students. www.theprepschoolnegro.org

Osherson, Sam. REKINDLING THE FLAME: HOW JEWS ARE RETURNING TO JUDAISM. 2001

Southgate, Martha. THE FALL OF ROME. (a novel about racial dynamics in a boarding school) 2002.

Steele, Claude. WHISTLING VIVA VLDI: HOW STEREOTYPES AFFECT US AND WHAT WE CAN DO. 2011

Steele, Claude – video on YouTube.com

Suskind, Ron. A HOPE IN THE UNSEEN: AN AMERICAN ODYSSEY FROM THE INNER CITY TO THE IVY LEAGUE. 1999

LEARNING ISSUES

Barkley, Russell A. TAKING CHARGE OF ADHD: THE COMPLETE, AUTHORITY GUIDE FOR PARENTS. 2000

Bruns, Jerome. THEY CAN BUT THEY DON’T: HELPING STUDENTS OVERCOME WORK INHIBITION. 1993


Hallowell, Edward M., M.D. and John J. Ratey, M.D. DRIVEN TO DISTRACTION: RECOGNIZING AND COPING WITH ATTENTION DEFICIT DISORDER FROM CHILDHOOD THROUGH ADULTHOOD. 1995

Rief, Sandra F. HOW TO REACH AND TEACH ADD/ADHD CHILDREN: PRACTICAL TECHNIQUES, STRATEGIES, AND INTERVENTIONS FOR HELPING CHILDREN WITH ATTENTION PROBLEMS AND HYPERACTIVITY. 2005

LISTENING SKILLS

Barasch, Marc Ian. FIELDNOTES ON A COMPASSIONATE LIFE: A SEARCH FOR THE SOUL OF KINDNESS. 2005


Leo, Pam. CONNECTION PARENTING: PARENTING THROUGH CONNECTION INSTEAD OF COERCION, THROUGH LOVE INSTEAD OF FEAR. 2007

Nichols, Michael. THE LOST ART OF LISTENING. 2009


Williams, Mark, Danny Penman and Jon Kabat-Zinn. MINDFULNESS: AN EIGHT-WEEK PLAN FOR FINDING PEACE IN A FRANTIC WORLD. 2012

SUICIDE PREVENTION AND RESPONSE

www.sprc.org/library/AfteraSuicideToolkitforSchools.pdf

ADVISING

“NEED A HAND WITH ADVISING? HERE’S A HANDBOOK,” The Center for Spiritual and Ethical Education csee.org/products/54